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# Indonesian: Cooking For Beginners - Indonesian Cookbook Simple Recipes - South East Asian Recipes (Easy Indonesian Recipes - Southeast Asian Cooking - South Asian Recipes 1)



Simple and Healthy

## INDONESIAN COOKING 101

INDONESIAN RECIPES FOR BEGINNERS



## Synopsis

Curious about Indonesian Food? Start cooking delicious, simple and healthy Indonesian recipes at home today! Today only, get this bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Today, Indonesian food is well-known for its fried rice or nasi goreng; its satay, the local version of the Arab kebabs; its beef rendang, chili condiment or sambal, and tempeh or roasted soybean cakes. Indonesian cuisine is as varied as its culture. With the world's fourth largest population made up of 250 ethnic groups and spread out over 6,000 populated islands, Indonesia, as can be imagined, is a land of huge diversity. The archipelago once lay along the ancient trading routes between the Middle East and the Far East, a position that opened it wide to the influences from many far-off places. There are many similarities between Malay food in Malaysia and Indonesian cuisine, but to the experienced palate the differences are just as noticeable. As with the rest of Southeast Asia, rice is the staple diet in Indonesia, except in Irian Jaya and Maluku where people sustain themselves with sago, which is a type of tapioca, sweet potatoes and cassava. Rice is usually eaten plain, combined with a meat dish, a vegetable dish, a sambal and crunchies like fried peanuts or fried anchovies. Sometimes, the rice is steamed in woven packets of coconut leaves to make what is called a ketupat; and sometimes it is steamed in banana leaves and served as lontong. In Indonesia, it is common for dishes to be cooked ahead of time and later eaten at room temperature. This seems to suit Indonesian families, many of whom do not have set meal-times. This practice is also common in restaurants and public eating places in Indonesia. Most Indonesian food is moderately spicy with a predominance of ginger, garlic and fresh turmeric. After downloading this book you will learn...

Chapter 1: Where To Buy Indonesian Food Products  
Chapter 2: Food Preparation Reminders For Beginners  
Chapter 3: Appetizer Recipes  
Sate Ayam (also known as Chicken Satay)  
Bakwan Jagung  
Tahu Goreng  
Lumpia Semarang  
Chapter 4. Rice, Soup, And Noodle Recipes  
Nasi Goreng  
Bakso  
Sayur Asem  
Nasi Kuning  
Chapter 5: Meat and Poultry Recipes  
Ayam Goreng  
Rendang Daging (also known as Beef Rendang)  
Gulai Kambing  
Chapter 6: Vegetable Recipes  
Gado-gado  
Urap  
Sayur Lodeh  
Asinan  
Chapter 7: Fish and Seafood Recipes  
Pepes Ikan  
Cumi Bakar  
Kecap  
Chapter 8: Desserts  
Kuping Gajah (also known as Elephant's ear cookies)  
Pisang Goreng  
Es Campur  
Kolak  
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## **Customer Reviews**

I once had an Indonesian friend prepare meals for us and we totally dig the food. After he left back for home, we missed his cooking and we thought of cooking some Indonesian meals too. He sent us some recipes and we also collected a few on our own. One of our references is this book. This book covered easy to do recipes from the Indonesian cuisine. Since it is a beginners' book, you can expect easy instructions and meals which are fast to cook. I like this book and we will keep on looking here for other meal recipes since we have not tried out everything yet.

Nice cook book on Indonesian food, It has some delicious recipes that are not to complicated. It

even has a chapter on where to find everything you need I would defiantly recommend this book if your looking to make to good tasting Indonesian food!

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